



## PLATTER BOXES – please complete and fax to your local pod

POD: Devonshire Square, EC2:  
Phone: 020 3174 0108  
Fax: 020 3174 0109

POD: 5 Lloyds Avenue, EC3  
Phone: 020 3174 0038  
Fax: 020 7702 2022

POD: 163 London Wall, EC2  
Phone: 020 7256 5506  
Fax: 020 7374 2994

POD: Holborn, WC1  
Phone: 020 3174 0541  
Fax: 020 7831 6324

POD: King William Street, EC4N  
Phone: 020 7283 7460  
Fax: 020 7283 7467

POD: New Street, EC2  
Phone: 020 72470388  
Fax: 020 72470388

POD: Cheapside, EC1  
Phone: 020 3174 0399  
Fax: 020 7726 8548

POD: New Street Square, EC4  
Phone: 020 3174 0228  
Fax: 020 7936 3331

POD: More London, SE1  
Phone: 020 3174 0374  
Fax: 020 7407 9048

POD: Exchange Square, EC2  
Phone: 020 3174 0290  
Fax: 020 7256 6828

POD: Regents Place, NW1  
Phone: 020 7388 0400  
Fax: 020 7388 0400

POD: Chiswell Street, EC1  
Phone: 020 72562275  
Fax: 020 72562275

## SANDWICH PLATTERS

### GRANARY BREAD SANDWICHES

Each box has 24 pieces (ideal for 6 people):

	PRICE	HOW MANY	TOTAL PRICE
PREMIUM POD: including our favourite flavours harissa chicken / bacon, lettuce & tomato / chicken, sunblush tomato & rocket salad / smoked salmon & cream cheese / chicken, bacon & avocado / ham & dijon salad*	£20.00	<input type="text"/>	<input type="text"/>

CLASSIC VEGGIE: including various vegetarian fillings such as free range egg mayo & cress / double tomato & cheese / free-range egg & tomato / avocado, sunblush tomato & hummus / Hummus & Falafel Salad*	£20.00	<input type="text"/>	<input type="text"/>
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(if there are any particular fillings you would or would not like, please let us know)

GRAND TOTAL

### IMPORTANT STUFF

For 25 people or more we request that you place your order by 4pm the day before

For 25 people or less we require a minimum of 2 hrs prior to delivery

If you have any special dietary requirements please call your local store to discuss

\*Contains mixed seeds  
\*\* Contains sesame seeds

## WRAP PLATTERS

### SUPERFOOD NORI WRAP PLATTER

Each box contains 14 pieces (ideal for 7 people): pod's super healthy wraps with soy chilli or herb dressing on the side.

	PRICE	HOW MANY	TOTAL PRICE
chicken, avocado or roast smoked salmon superfood nori wraps.**	£35.00	<input type="text"/>	<input type="text"/>

### VILLAGE FLATBREAD WRAP PLATTER

each box contains 14 pieces (ideal for 7 people):

	PRICE	HOW MANY	TOTAL PRICE
avocado, sunblush tomato & hum- mus (v) / sweet chilli duck / harissa chicken / chicken, bacon & avocado**	£28.00	<input type="text"/>	<input type="text"/>

### THE BEST CHOCOLATE BROWNIE IN TOWN PLATTER

	PRICE	HOW MANY	TOTAL PRICE
20 of our delicious gluten free brownies served in bite size pieces	£35.00	<input type="text"/>	<input type="text"/>

GRAND TOTAL

PLEASE NOTE WE USE NUTS & SEEDS IN OUR KITCHENS